

## MAKING YOUR OWN VISUAL SCHEDULE

Visual schedules can help your child know the steps to do an activity or routine.

Examples: bathroom sequences, dressing sequences, morning and night time routines.

- Find pictures online (ex: Google Pictures) or parent takes picture of actual items familiar to child  
\*If choosing pictures from the internet, try to find simple images without words
- Print pictures in small 2-inch by 2-inch size
- Consider laminating pictures for durability
- Glue or Velcro pictures to cardboard strip
- Can be arranged in vertical or horizontal format
- If pictures are velcroed to board, child can remove pictures from board and put them in “done” pouch when task is completed